HOW TO UNPACK AND REBUILD YOUR BIKE FROM A BIKE BOX



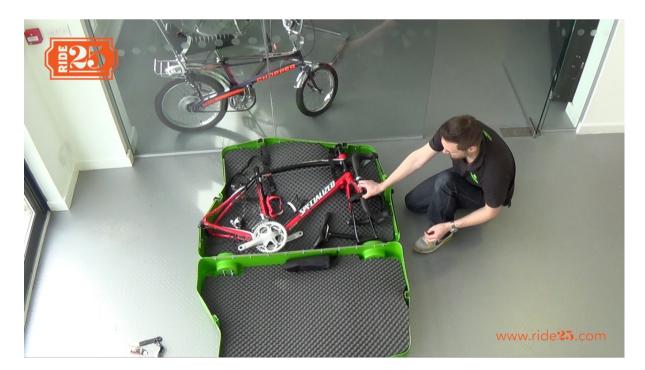
1) RELEASE THE LATCHES AND OPEN THE BOX

Simply release all the latches (and remove the handle if you have one on there) and open the box carefully.



2) REMOVE THE CLIPS

Secondly, remove the clips that are holding the frame in place.



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3) PUT THE REAR DERAILLEUR BACK ON

Remove the spacer and while the bike frame is still in the box, get your Allen Key and reattach the rear derailleur. Make sure it is tight and secure.



4) REMOVE THE SEAT POST, FRAME, PARTS BAG AND WHEELS FROM THE BOX

Remove the seat post, bike frame and parts bag and put to one side. To remove the wheels, take out the foam and undo the re-usable tie wraps. Remove the wheel covers.



5) REMOVE THE CONTENTS OF THE PARTS BAG AND PUT ALL THE OTHER ACCESSORIES BACK IN THE BAG

Take out the instructions, skewers and the pedals from the parts bag. Put the spacer kit, the rear wheel spacer and the front spacer back in the bag and reattach the bag inside the bike box.

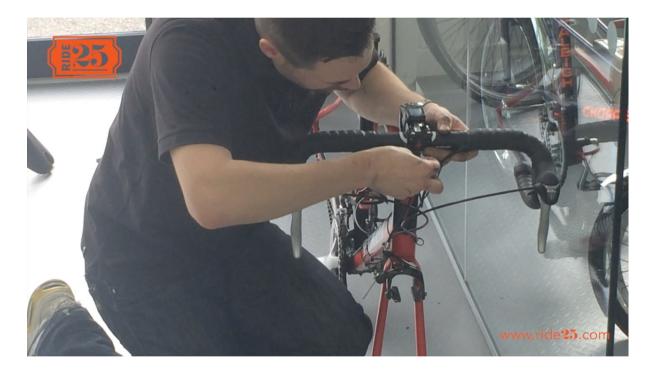
6) PUT THE FOAM BACK IN THE BOX AND CLOSE THE BOX

Simply place the foam back in the box, close the box, making sure all the straps are inside, and put it to one side, ready to rebuild your bike.

7) REFIT THE HANDLEBARS ON THE BIKE

Firstly, unscrew the front of the stem (which you should be able to do by hand as it shouldn't be screwed on too tightly from when you removed it).

Then place the handlebars in the stem, making sure they line up perfectly in the centre. Tighten the stem bolts using your Allen Key until they are nicely secure.



8) REFIT THE SEAT POST

Refit the seat post, making sure it is at the same point as where you marked it when you removed the seat to pack it. Tighten it with your Allen Key.



9) **REFIT THE WHEELS**

Balance the bike frame up against a wall and take your rear wheel. Place the skewer through the wheel, tighten it very loosely and then fit the wheel on to the bike. Once it is in place, tighten the skewer (making sure it sits in the middle of the wheel).

TOP TIP: Make sure your brakes are central and that they are tight as they may have been moved when you adjusted the wheel.

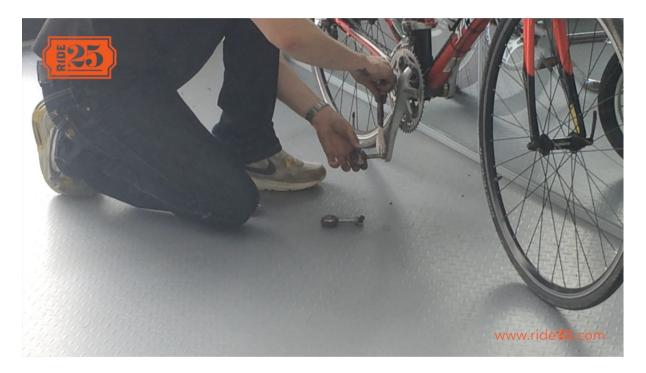


Next, get your front wheel, place the skewer through the wheel, tighten loosely and fit on to the wheel. Once it is in place, tighten the skewer (making sure it is in the middle of the wheel) and make sure the brake is on tight and in line.

10) REFIT THE PEDALS

The pedals will be marked so that you will know the correct one to put on each side.

Secure each pedal into place with the Allen Key or spanner – with just enough tension, but not too tight.



YOUR BIKE IS NOW READY TO RIDE!